



PRODUCT SPECIFICATION SHEET

CARDAMOM WHOLE

Ingredients	Cardamom Seeds
Treatment	ETO
Color	Light Brown
Aroma/Flavor	Minty, Strong Aromatic resinous fragrance
Country of Origin	Guatemala
Allergens	None
GMO	None

**General Requirements**

Product conforms to all provisions of the Federal Food and Drug Cosmetic Act. Product is manufactured in accordance with Good Manufacturing Practices and Under Modern Sanitary Conditions.

**Packaging and Storage**

Product is packed in poly-lined corrugated boxes or sack for bulk of 25 lbs – 50 lbs.  
Shelf-life is 2 years from the date of production. Store in cool dry place.

Microbiological Characteristics	
Total Plate Count	500,000 / g Max
Yeast and Mold	500 cfu/g Max
Total Coliforms	500 cfu /g Max
E. Coli	10 / g Max
Salmonella	Negative / 25g,375

Particle Size (granulation)	
Thru USS # 35 mesh	95% Min
Moisture Content	10 % max
Total Ash	8 % max
Volatile Oil	2 % min

**Defect levels**

The product shall be free of all other extraneous, foreign, or non-conforming substances

**Product passed through metal detector**

Nutrition Facts			
Serving Size 100 g			
Servings Per Container 1			
Amount Per Serving			
Calories	310	Calories from Fat	60
% Daily Value*			
Total Fat	7g		10 %
Saturated Fat	0.5g		3 %
Trans Fat	0g		
Cholesterol	0mg		0 %
Sodium	20mg		1 %
Total Carbohydrate	68g		23 %
Dietary Fiber	28g		112 %
Sugars	0g		
Protein	11g		
Vitamin A	0 %	Vitamin C	35 %
Calcium	40 %	Iron	80 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
	Fat	9	Carbohydrate 4 Protein 4