



PRODUCT SPECIFICATION SHEET

CARDAMOM GROUND

Ingredients	Cardamom Seeds
	Ground
Treatment	Steam
Color	Light Brown
Aroma/Flavor	Minty, Strong
	Aromatic resinous fragrance
Country of Origin	Guatemala
Allergens	None
GMO	None

Nutrition Facts			
Serving Size 100 g			
Servings Per Container 1			
Amount Per Serving			
Calories	310	Calories from Fat	60
% Daily Value*			
Total Fat	7g		10%
Saturated Fat	0.5g		3%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	20mg		1%
Total Carbohydrate	68g		23%
Dietary Fiber	28g		112%
Sugars	0g		
Protein	11g		
Vitamin A	0%	Vitamin C	35%
Calcium	40%	Iron	80%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

Kosher Orthodox Union

General Requirements

Product conforms to all provisions of the Federal Food and Drug Cosmetic Act. Product is manufactured in accordance with Good Manufacturing Practices and Under Modern Sanitary Conditions.

Packaging and Storage

Product is packed in poly-lined corrugated boxes or sack for bulk of 25 lbs - 50 lbs. Shelf-life is 2 years from the date of production. Store in cool dry place.

Microbiological Characteristics

Total Plate Count	500,000 / g Max
Yeast and Mold	500 cfu/g Max
Total Coliforms	500 cfu /g Max
E. Coli	10 / g Max
Salmonella	Negative / 25g,375

Particle Size (granulation)

Thru USS # 35 mesh	95% Min
Moisture Content	10 % max
Total Ash	8 % max
Volatile Oil	2 % min

Defect levels

The product shall be free of all other extraneous, foreign, or non-conforming substances

Product passed through metal detector